The Monster of Shame

Matthew 22:37, Genesis 2:21-25, Genesis 3:6-11

Monster Of Shame

- **Adam and Eve confused a proper reaction of guilt and allowed the monster of shame to overtake them.**

- **Guilt is responsibility, while shame is identity based.**

- **We get trapped by what happened to us and allow what happened to us in the past to label us.**

- **Our issue becomes our identity.**

- **The real problem with the monster of shame is that it causes us to hide.**

Shame Leads To Games

- **Shame causes us to try and cover ourselves to make us presentable.**
- **Shame leads to blame.**
  - **Adam blamed God.**
  - **Adam blamed Eve.**
  - **Eve blamed the snake.**
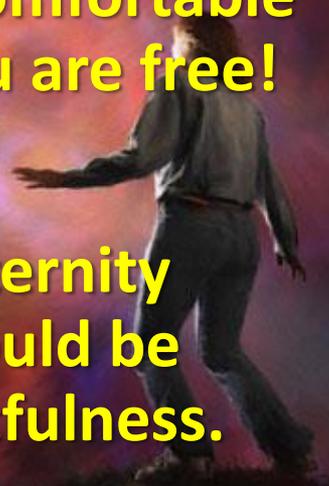- **We cover ourselves in criticizing everyone else and blaming everyone else.**

Destroy Shame By Not Hiding

- **You know you are in bondage to shame when you try to cover what God already sees.**

- **What we are hiding becomes leverage used by the enemy to keep us distanced from God.**

- **Our ability to live whole, healed, and shame free lives is linked to our willingness to live unhidden and uncovered.**

- **Shame is destroyed when you no longer focus on actions but on relationship.**

- **Shame causes us to focus on our actions and forget to focus on our position.**

Conclusion

- **Shame is destroyed when we remember that God cannot remember.**

- **Repentance causes God to forget!**

- **Shame brings our sin to our mind, so we conclude that God's mind must be full of it as well.**

- **There are people in your life that are more comfortable with you when you are bound than when you are free!**

- **Jesus will go out of His way just for you.**

- **Jesus came all the way across the divide of eternity from heaven not just to save us, but so we could be clothed with His righteousness and His forgetfulness.**